



Not long now until the weekend in London! Before we go though, we have some information to pass on as well as needing some back from you. Please make sure you read this carefully and return anything that is needed by the deadlines.

### **Travel Arrangements**

We are now travelling by rail as it makes the connection easier for the Docklands Light Railway and onto our final destination near Canary Wharf. The trains we intend to use are stated below:-

#### **Departure (Saturday 24<sup>th</sup> October)**

We want to catch the 08:15 train. In order to make sure everyone is there on time, tickets allocated etc we need everyone to be at Witham station no later than 08:00. Those going will need to arrange their own transport to and from the station. If anyone is not there when the train arrives we will not wait. Anyone that does miss the train is still welcome to come on the trip, but would need to pay for an additional ticket for themselves and make their own way to the Docklands Scout Project.

#### **Return Journey (Sunday 26<sup>th</sup> October)**

We intend to catch the 16:09 train from Stratford back to Witham. If running on time we will be back just before 17:00. If we have to catch the next train, we will only be 15 minutes later. Please be there in time to pick up your son/daughter

### **Uniform**

Scouts will need top half uniform whilst travelling to and from London and whilst in the City. This is shirt/blouse and scarf. Remember we will be on public display representing Scouting. If you don't turn up in correct uniform you will be sent home to get it and it could mean you miss the train!

### **Bag**

Please only bring one bag\small suitcase\sports bag for your kit for the weekend. You may also wish to bring a small day sack or drawstring bag to use to carry stuff around London in. The suggested kit list is below. It should easy fit in a sports bag. Remember you will need to carry this on the train, DLR and to and from the Docklands Scout Project. If you pack too much you will struggle to carry it!

### **Kit List**

- Wear comfortable shoes/trainers/trousers for walking in
- Old clothes for water sports plus shoes that can get wet
- Change of underwear for after water sports if you get wet and for Sunday
- T-shirt to wear in Saturday evening
- Pyjamas \ Nightwear
- Wash Kit & Towel

- **Sleeping Bag** – Bedding is not provided only pillows

(Please put this in your bag for the weekend and not carry separate as easy to get left behind)

- **NO MOBILE PHONES** – you may bring MP3 players for the train journey and a camera for the weekend but these are your responsibility

### **Food**

You will need to bring a packed lunch with you for Saturday. This will be eaten during the break while doing water sports. Saturday evening we will eat out at a nearby restaurant or be catered for by the boat crew if a suitable venue can not be found (a few leaders will be checking out what is available on a pre-trip visit a few weeks before). Sunday breakfast is provided on the boat, and we will make a packed lunch of rolls\sandwiches, crisps, fruit, drink and chocolate bar for everyone for Sunday afternoon. Please do not provide your child with lots of sweets for the trip as in the past we have had Scouts that just eat sweets all day and no proper food and are then ill during the night.

### **1<sup>st</sup> Silver End Scout Troop**

c/o 4 Grooms Lane, Silver End, Witham, Essex CM8 3SQ Tel +44 (0)7970 730636 Fax +44 (0)7970 479712 email [dan@silverend-scouts.org.uk](mailto:dan@silverend-scouts.org.uk)  
Charity No. 271619

### **Money**

You may bring with you a maximum of £15 if you want to buy any souvenirs or gifts from Tower Bridge or Dockland Museum (not for spending on sweets and junk food). You will need to look after your own money during the trip.

### **Rooms**

The boat has a number of different dormitories, ranging from 2 beds to 6 beds. Rooms will be allocated on arrival.

### **Evening on the Boat**

If we eat out in the evening there won't be much free time on the boat. Unfortunately there is no entertainment provided on the boat, so we suggest that you may wish to bring with you small card or travel games to play as the mess deck is the only place available to socialise. We may also run a few quizzes and competitions.

### **Home Contact**

**Chris Bickham 01376 584496 / 07794 827629**

If you need to contact us for an emergency at all during the trip please phone the home contact – **do not** call a Leader direct. Also, please don't call the home contact to just see how we are – no news is good news ☺

### **Health form**

Everyone going on the trip needs to fill in and return the attached health form by the end of September. You may have recently filled one in for another Trip/Activity but we require a new one for every trip in case details or medication has changed.

### **Medication**

If you have any medication please keep it with you until we get to London. We will then collect it on once at the Docklands Scout Project. Please label it with your name and the dosage.

### **Boat Rules**

Below are the Boat Rules that everyone must obey:-

**Noise** - Other guests would appreciate that noise was kept to a minimum during the hours of 11pm & 7am.

**Bedrooms** – No sweets or drinks to be consumed in the rooms. Any rubbish must clear from the rooms before you leave. Your room will be checked at the end of your stay. Any breakages or damages will be charged to us (which we will pass on to the individual Scouts that caused the damage).

### **Programme**

This is what we will be doing and when:-

#### ***Saturday 24th October***

08:00 Meet at Witham Rail Station  
09:30 Arrive at Docklands Scout Project for day of water sports  
Lunch will be taken at an allocated time break time depending what activity you are doing  
18:00 Go out for evening meal (or provided by crew if nothing suitable near by)  
Afterwards Free time on the Boat until 22:00  
22:30 Lights out

#### ***Sunday 25th October***

07:00 Get up/wash/pack/breakfast  
10:00 Tower Bridge Tour  
12:00 Lunch  
13:00 Dockland Museum  
16:09 Depart London  
17:00 Arrive back at Witham Rail Station

Yours in Scouting

***Dan***

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# Nights Away Information Form



<b>Event:</b>	London Weekend	<b>Dates:</b>	24 <sup>th</sup> – 25 <sup>th</sup> October 2009
<b>Location:</b>	Docklands Scout Project, Isle of Dogs, in East London		
<b>Organiser and contact details:</b>	Dan Sutton		

<b>Name of young person:</b>		<b>D.o.B:</b>	
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<b>Is he/she able to swim 50 metres and stay afloat for five minutes in light clothing?</b>	<b>Yes / No</b>
<b>Emergency contact:</b>	<b>Phone:</b>

<b>National Health Service Number:</b>	<b>Date of last tetanus injection:</b>
<b>Doctor's name and contact details:</b>	<b>Details of any medicines or treatments currently being taken / followed (including dosage) &amp; the specialist and hospital concerned if appropriate:</b>

<b>Details of any disabilities, conditions, allergies, special needs or cultural needs that might affect this event:</b>	<b>Details of any infectious diseases he/she has been in contact with in the last three weeks:</b>
<b>Any other special needs:</b>	

*I understand that the event Leader reserves the right to send any participants home if deemed necessary.*

*If it becomes necessary for the above named young person to receive medical treatment and I cannot be contacted to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the Leader in charge to sign any document required by the hospital authorities.*

<b>Signed:</b>	<b>Date:</b>
<b>Relationship to young person:</b>	

*Please use the back of this form if more space is required*

**Note:** The medical profession takes the view that the parent's/carer's consent to medical treatment cannot be delegated. This view is explicit in The Children's Act 1989. Thus, medical consent forms have no legal status and a doctor or nurse insisting on the consent of a parent/carer to a particular treatment has the right to do so. For this reason we do not recommend that Leaders insist on parents/carers signing the statement above. However, it can be a comfort to medical staff to have general consent in advance from parents/carers or to have a Leader on hand able to sign forms required by medical authorities.